



MY|LIFE

Live the life you choose

NEW FRIENDS. NEW SKILLS. NEW OPPORTUNITIES

Live your best life with MyLife!
Learn new skills to get job ready, live
more independently, or just follow
your passions.

With programs including independent
living skills, arts, fitness and technology,
and flexibility to choose a schedule that
suits you, there's something at MyLife for
everyone. Its your life, live it your way!

CONTACT US

King George Ave,
North Brighton SA
08 7077 1113

mellanie.patfull@minda.asn.au
mindainc.com.au.



Term Four 2020

Tues Oct 13 - Thurs Dec 10 2020

Tuesday | Wednesday | Thursday

4:30pm - 6:30pm

Step One

Choose your programs! Select from:

- ☐ Independent Living Skills
- ☐ Technology & Computers
- ☐ Pottery
- ☐ Painting
- ☐ Cooking
- ☐ Music
- ☐ Dance
- ☐ Walking Group

Step Two

Choose your evenings.

MyLife runs on Tuesday, Wednesday and Thursday evenings each week, with all programs offered every night.

You can choose any combination of programs across one, two or three evenings per week.



Step Three

Book your place!

For all bookings and enquiries, contact Mellanie to book your place:
08 7077 1112 or
mellanie.patfull@minda.asn.au

Enrollments can be taken at any time during the term, subject to availability.

The Details

- Participants must have NDIS funding or be willing to self-fund at a cost of \$103.14 per session.
- Materials fees may apply to some programs.
- Programs will be run on a two clients to one staff member (2:1) ratio.
- Participants will be required to bring any medication to be dispensed, and food and drinks for breaks.