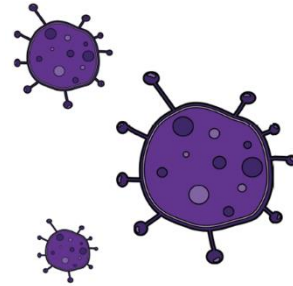
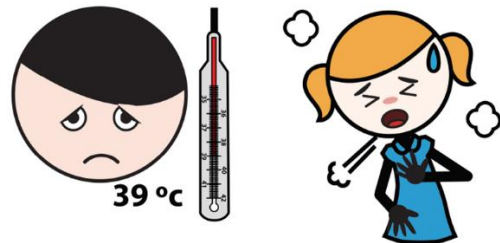


Coronavirus is a new virus that is making some people sick.



People with the virus can have:

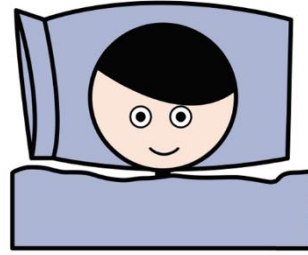
- A temperature
- Cough
- Sore throat
- Trouble breathing



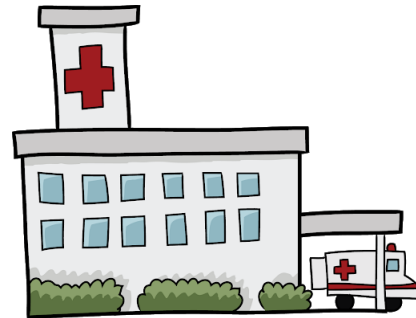
The virus can feel like a bad cold or the flu. But not everyone with a cold or flu has the coronavirus.



Covid-19 is another name for coronavirus.



Some people who get the virus might need to go to hospital to get help to feel better



Remember to wash your hands:

- Before eating
- After going to the toilet
- After coughing or sneezing
- After blowing your nose

Washing Your Hands



wet hands

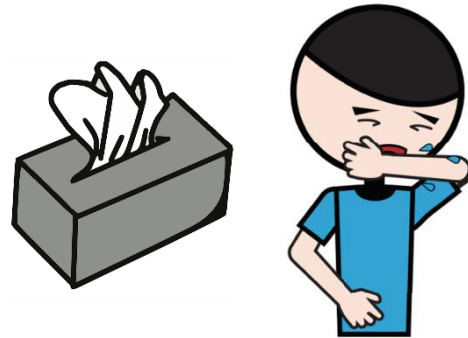
put soap on hands

rub hands together

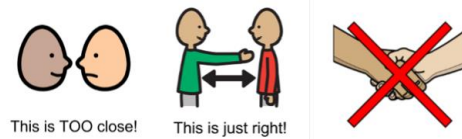
rinse hands

dry hands

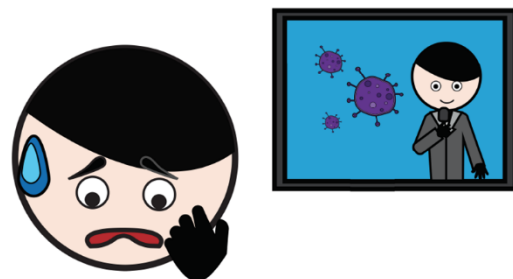
Remember to cover your mouth with a tissue or your elbow when you cough or sneeze. Don't forget to wash your hands after!



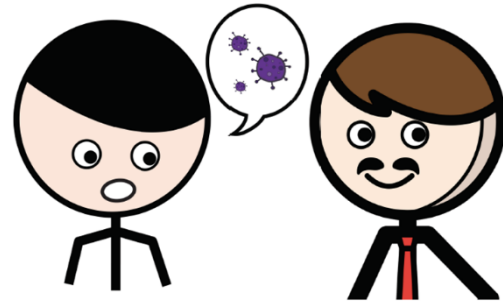
It is important to keep a distance from other people and not to shake hands or hug people.



There is a lot of people talking about coronavirus. This can be scary and make some people feel worried.



It is ok to feel worried or scared. You can talk to someone you trust and ask questions if you need to.



Some places have closed to stop people getting sick. Things like Day Options and swimming will open again when it is safe.



Some buildings are closed until it is safe to open again. This is not forever, things will be open again soon.





Your routine might have to change for awhile. People will find new things for you to do during this time.

NEW ROUTINE



Some people will have to stay home if they are sick. This is to keep them and others safe.



Thank you for helping keep us all safe.

