

VOCAL POINT



COVER STORY | PAGE 06

Gino takes home top award



FOLLOW US
[facebook.com/
mindainc](https://facebook.com/mindainc)

PAGE 03
Carols &
Markets

PAGE 05
Celebrating
120 Years

PAGE 08
Launch at
Brighton Dunes

PAGE 11
Volunteer News

PAGE 15
Our latest
appeal

- 03 From the President
- 04 Smooth Sailing for Wayne
- 05 Employer of Choice
- 06 Stars of Minda Results
- 08 Launch at Brighton Dunes
- 09 Minda Partners
- 10 News from Minlaton
- 11 Our Volunteers
- 15 Appeal – Zach's Story
- 16 Thank You

Cover image: Winner of the Salary Solutions Unsung Hero, Star Award Gino Faiello at the Stars of Minda awards night at Stamford Grand.



Vocal Point is the official newsletter of Minda

Minda Incorporated

12 - 16 King George Avenue,
North Brighton SA 5048

PO Box 5, Brighton SA 5048

Phone: (08) 8422 6200

Fax: (08) 8422 6330

Email: minda@minda.asn.au
mindainc.com.au

Receive this newsletter electronically

If you are receiving this newsletter via snail mail, we can make it easier for you. Please send your name and email address to vocalpoint@minda.asn.au and you will receive it electronically. Thank you for your cooperation in conserving our precious resources.

FROM THE ACTING CEO DARREN BUTTON



With Christmas just around the corner, it's hard to believe we are already at the end of another year. So much has happened since our last edition of Vocal Point, with a highlight being our annual staff recognition event, Stars of Minda.

Stars of Minda celebrates the contribution of supported employees in Minda's and SA Group Enterprises' commercial businesses.

Well done to Gino Faiello from Laundry & Linen Services for taking home the major award, the Salary Solutions Unsung Hero, and congratulations to all the winners, finalists, and service milestone recipients on what was a fantastic night.

We were also pleased to recently see the transition of employees from ASSIST Therapy Services, who have joined our allied health team at Minda, now known collectively as Minda ASSIST Therapy.

I'd like to acknowledge the efforts of the transition team and our allied health professionals for their hard work and input.

We also held the official opening of new Brighton Dunes apartments recently, which was a fitting celebration of the retirement community we've built on the beachfront at Brighton.

You may be surprised to hear that this next phase of Brighton Dunes was constructed in less than 18 months. It's also particularly heartening that throughout the build there was around 70 per cent local trade and supplier inclusion, a great result for the State.

On behalf of everyone at Minda, I would like to thank the Master Plan team and Sarah Constructions for giving so much to the project.

I'd also like to recognise the members of the Minda community who have appeared in our 120 Faces of Minda, which has been so popular on Facebook and Instagram.

The 120 Faces project honours Minda's staff, volunteers, people we support, corporate partners and friends of Minda who have made, and are making, an outstanding contribution to Minda.

In this issue of Vocal Point, you can read about our recent '120 Faces', Honorary Life Member of the Minda Association, Lyn Magee OAM, Minda Catering's Henry Yip, Team Leader Louise Toro and retired staff member Walter Galka.

Of course, our Minda community extends much further than 120 individuals, but we hope you have enjoyed getting to know some of the people that give so much to this organisation.

Looking ahead, we have our Carols and Markets, which is set to be a great community event at Brighton, and gift wrapping in Adelaide Arcade until Christmas eve.

I would also like to take this opportunity to thank the staff, Board, Association and supporters of Minda who are all focused on a common goal, of supporting people with disability to live enriched lives of their choosing.

Wishing you a safe and happy Christmas and New Year.

A handwritten signature in black ink, appearing to read "Darren Button".

Darren Button
Acting Chief Executive Officer



FROM
THE
PRESIDENT
SUSAN
NEUHAUS

Our recent 2018 AGM results reinforce that Minda is well placed to deliver first-class services to the many people we support in the years ahead. While a great deal of work has ensured we reach this point, now the NDIS is here there is more that must be done if we are to remain a leader in the disability sector.

The marketplace is more competitive than ever, and people have far more choice when it comes to who they trust to deliver support and services. Simply offering services and expecting people to use them is no longer a viable option. We need to better understand what customers want, and then deliver cost-competitive and world-class tailored support packages that fills those needs. If we don't, then people will look elsewhere.

That is why our year ahead must be one of consolidation and cost control across all aspects of Minda.

In 2019 we will focus on the operation and refinement of our NDIS business model to ensure we deliver value for money and do so efficiently within the margin and overhead constraints of the NDIS pricing systems. We must also have a framework in place to be agile enough to quickly respond and adapt to changes in regulations and markets.

The year ahead will also see greater focus on culture and governance across the entire organisation, so that we are firmly focused on the people we support. To ensure that we have the best trained, highest quality, motivated and caring workforce, we plan to invest in our people; in particular their training, front line skills and leadership capability.

Improved Governance will also be in the spotlight, including the renewal of our leadership team at the highest levels of the organisation - because ultimately it is the Board and Executive that will lead, live and demonstrate our new customer-focussed culture.

There are challenging times ahead, but they are exciting too.

The AGM saw us farewell three of our hard-working Board members, with the retirement of long-serving members Richard Bruggemann and Robert Crabbe. Both have made significant contributions to Minda and their efforts have been greatly appreciated. While Andrew Ford was unsuccessful in his bid for re-election, I am pleased that he has agreed to remain an active supporter in other ways. We also welcomed David Holst as a Family elected Director and announced the appointment of three new Directors – David Kelly, Judy Curran and Ian Hardy AM. We look forward to them contributing their experience and fresh thinking.

On behalf of the Board and management team I thank you all for your ongoing support and trust during the year, wish you and your family all the very best for the upcoming festive season, and look forward to working with you in the year ahead.

Susan Neuhaus CSC
President



Carols & Markets

It's hard to believe that the Minda and BankSA Christmas Carols & Markets is just days away, with the event being held on Saturday 8 December from 2pm to 7pm at Minda Brighton.

With a gold coin donation for entry, this year's event is set to be bigger and better than ever with a range of amusements and rides, including tea cups, a climbing wall, petting zoo, bumper cars, bouncy castle, face painting and of course, Santa.

There will also be more than 40 stall-holders selling a range of quality items such as Christmas gifts, homewares, candles, gardening and outdoor accessories, clothing, toys and jewellery – so a great spot to find the perfect Christmas gift.

This year we're very happy to welcome back Rachael Leahcar, Joe Braithwaite, the Tutti Choir, the Army Band, Sisters of Abundance, the Adelaide Pipe Band and our very own, R U Serious.

There's also going to be a range of food trucks available and Inclusive (INC) Café will be open all day, with an after party from 7pm serving lamb and chicken yiros plates with bar service and live music.

We hope to see you there!

Board Departures

At Minda's Annual General Meeting on Wednesday 14 November, the retirement of three Board directors was announced, with recognition of the tenures of Richard Bruggemann, Robert Crabbe and Andrew Ford.

Board President Susan Neuhaus thanked Richard, Robert and Andrew for their dedication to Minda and their work in advancing the lives of South Australians with disability.

"It has been an absolute pleasure working with Richard, Robert and Andrew; they have committed themselves to the best outcomes for people supported by Minda," Susan says.

Richard joined the Minda Board as a Board Appointed Director and has led the way in developing Minda's service delivery model and human rights framework, as well as the implementation of the Client Outcome Evaluation Reporting and Improvement Project.

Richard is passionate about quality services and outcomes for Minda customers and all people living with disability.

As Patron of self-advocacy group Our Voice, attendance at a recent meeting gave Richard an opportunity to reflect on his time at Minda: "It made me proud to be a part of Minda," he says.

"It made me realise that we are not reactive; that we have led the way in promoting human rights; that we have been committed to everyone having a great home; that we have been committed to reducing the use of restrictive practices; indeed, that we have been proactive in setting high standards," Richard says.

"It has been a privilege to be on the board, working with such dedicated directors and staff."

Similarly, Robert joined the Board as a Board Appointed Director, and over nine years has served on several Board Committees including Risk and Audit, Finance and

Investment, Nominations, Remuneration and Governance and Chair of the Commercial Enterprises Advisory Committee.

Robert has made a meaningful contribution to Minda with his vast business management and Director skills and experience and says he was appreciative to join the Minda Board when the Master Plan was just a concept.

"It has been so rewarding for me to see the Master Plan finalised and implemented over recent years to a point where we have Stage 2 completed, and the lives of so many people improved to a point where they have world class accommodation and services and importantly given a voice that's heard," Robert says.

"I am extremely pleased to have been able to make a modest contribution towards building inclusion, choice and respect for our people and will remain involved with Minda as we roll out more accommodation and world class services."

Andrew was appointed to the casual vacancy of Association-elected Family Director and was duly elected at the AGM in 2015.

Since his appointment, Andrew has served on the Master Plan Steering Committee and has chaired this Committee since July 2016.

Andrew has used his career experience as an Architect and intimate understanding of disability issues to assist with the Master Plan strategy, design and delivery.

"The Master Plan has been huge for Minda, not only as an organisation, but for the people Minda support," Andrew says.

"For me there are two things that are of particular note; the standard of accommodation is outstanding and when people see it they are just gob-smacked. Secondly, the technology is unique in that we commissioned much of it ourselves and it offers a totally new experience on quality of life. Observing how our people are living now has been extremely rewarding."



Wayne with his sailing partner, Jason Elwes

Smooth Sailing for Wayne

Blend Creative graphic designer Wayne Crabb has recently returned from Japan, where he competed in the Sailability Hansa World Championships.

The avid sailor competed in eight categories – and came 26th out of 53 yachts, a fantastic result!

The week-long Hansa Class World & International Championships were held at Hiroshima Kanon Marina.

Wayne says he enjoyed catching up with his fellow 'yachties' from around the world.

He loved the Japanese beer and cuisine – especially the five-course breakfasts and three-course dinners each day.

Wayne says a highlight of the trip was a day spent visiting the deer sanctuary on Miyajima, a small island in Hiroshima Bay.

The event was organised by the Japan Sailing Federation in conjunction with the International Hansa Class Association and the Japan Hansa Class Association and operated by the Hiroshima Sailing Federation.

Wayne would like to thank the team at Blend and Minda, his supporters, family and friends for helping him get to Japan.



Wayne with his fellow SA representatives



Lyn Magee



Henry Yip

Celebrating the Minda Community – 120 Faces

Our '120 Faces of Minda' is wrapping up soon, with only a few more faces left to appear on social media as we come to an end of our 120th anniversary year.

Some of our '120 faces' who have recently been honoured on Facebook and Instagram for the important contribution they have made, and are making, at Minda are Walter Galka, Lyn Magee, Louise Toro and Henry Yip.

Walter worked at Minda for 42 years and during his service, was an outstanding role model, leader and innovator for the organisation. Walter's enthusiasm, passion, empathy, drive and dedication to the people at Minda is what stands out the most.

Lyn Magee OAM is an Honorary Life Member of the Minda Association, and served on the Board of Minda for many years.

As the mother of Timothy, a long-time resident at Minda Brighton, Lyn brought to the Board insight from the perspective of a parent

and offered commercial skills as a former senior executive and business owner.

Louise Toro is Team Leader for the Minda in the North day programs based at Elizabeth. After completing a Masters of Social Work she gained experience in child protection and supported accommodation services.

Louise loves her job at Minda and enjoys providing guidance, confidence and engaging programs for people with disability.

Henry Yip works at Catering Services where he knows every station, and his knowledge is often called upon to teach new staff. Henry is motivated and has tremendous initiative – he can identify and fix problems and actively seeks out things that need to be done.

Make sure you follow Minda on social media to cap off our 120 Faces and to find out all the latest news from around the organisation. We're on Facebook as Minda Inc, and find us on Instagram [@minda_inc](#).



Louise Toro



Walter Galka

Employer of Choice

For the past 120 years, Minda has redefined the way people with disability live, work and play and is constantly on the lookout to attract talented workers to our organisation.

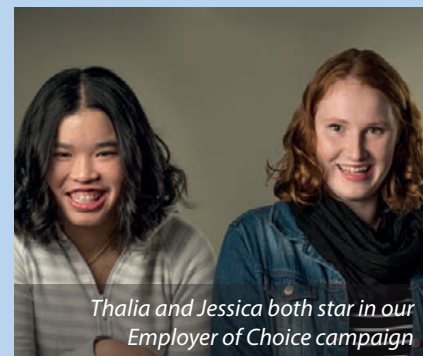
Our Employer of Choice campaign challenges potential applicants by asking them: Are you good enough?

Executive Manager, People and Culture, Lorraine Johnston says the campaign is designed to communicate to potential applicants that to work at Minda, you not only have to meet the demands of an organisation at the forefront of the disability sector, you need to be someone who is passionate about making a difference in people's lives and can work with heart.

“Our Employer of Choice campaign is designed to assist in finding, attracting and retaining talented staff in a competitive labour market,” Lorraine says.

Staff and people supported by Minda took part in the filming for the campaign with advertising agency KWP. You can find the campaign on our website (under Employment).

If you know someone who would be an asset to our organisation, please feel free to share the campaign with them!



Thalia and Jessica both star in our Employer of Choice campaign



Gino Faiello with General Manager Commercial Enterprises Jamie Higgins at the Stamford Grand

Gino takes home top award

Gino Faiello from Laundry and Linen Services has taken out the top award at Stars of Minda, which was attended by 350 people at the Stamford Grand on 31 August.

Stars of Minda celebrates the outstanding commitment of supported employees who have worked with Minda and SAGE for 10 years or more.

Gino was presented with the Salary Solutions Unsung Hero, Star Award, by Colleen Stallion from Salary Solutions. He received a congratulatory high-five and hug from event MC, Minda Ambassador and ABC Radio host Ali Clarke.

Ali told the crowd that Gino has been a dedicated employee of the Laundry for

27 years: "Gino always displays constant commitment and stamina towards his work to the point of even returning from his scheduled breaks early to complete tasks."

The Salary Solutions Unsung Hero Award recognises an employee who has worked quietly behind the scenes for the good of Minda and SAGE and demonstrated endless dedication and provided exceptional service.

This year's finalists for the award were Gino, along with Thea Vogels from Packaging Solutions Reynella and Timon Sideris from Envirocare. Well done to our top award finalists!

In milestone award news, Barry Dibell was congratulated for achieving an outstanding 55-year milestone!



2018 Award Winners

Salary Solutions Unsung Hero, Star Award

Gino Faiello, Laundry & Linen Services

Foodland Service Excellence Award

Bronwyn Sauer, Laundry & Linen Services

TerryWhite Chemmart

Marion Compounding

Persistence in Practice Award

Sally Rice, Electronic Recycling Australia

BankSA

Professional Development Award

David Martin, Envirocare

Ecolab Team Performance Award

Commercial Enterprises at Reynella

Rotary Club of Somerton Park

Pride of Workmanship Awards

Michael Bonsor, Laundry & Linen Services

Rosie Byles, Blend Creative

Ann Cartwright, Cleaning Services

Kimberley Coulson, Catering Services

Jacob Crossfield, TRAK Furniture

Amanda Lynch, Craighburn Nursery

Brenton Masters, the Store

Phillip Parks, Envirocare

Luke Savige, Packaging Solutions Reynella

Lachlan Shepherd, Electronic

Recycling Australia



*Jacob Crossfield with
BanksA's Jo Maglieri*



*Bronwyn Sauer
with Chris Villani*



*Bill Rawlins with
Phillip Parks from Envirocare*



*Kimberley Coulson from Catering Services
accepting her Pride of Workmanship Award*



*Rosie Byles is presented with her Pride
of Workmanship Award by Bill Rawlins*



*David Martin
with BanksA's Jo Maglieri*



*Jim Taylor
with Matt Boulter*



*Bill Rawlins with Ann Cartright
from Cleaning Services*



Winners of the Ecolab Team Performance Award, team Reynella with Luke Rieschick from Ecolab



*Sally Rice accepts the Persistence in Practice Award
from Matt Boulter of TerryWhite Chemmart Marion Compounding*

Years of Service

55 Years

Barry Dibell

40 Years

Michael Field, Annette Evans, David Watts and Henry Kowalczyk

35 Years

Nigel Baker

25 Years

Cheryl Cox, Donna Eerden, Brenton Masters, Christopher Mitchell, Penelope Oliver, David Sghendo and Ian Stojic

20 Years

Andrew Lawson

15 Years

Andrew Clare, Wesley Parsons, Edward Williams, Benjamin Wills and John Wright

10 Years

Matthew Duke, Jane Fauser, Alexander Flower, Rafael Gebert, John Gerlach, Christopher Hein, Matthew Kaminski, Tiffany Littler, Ian McCorquodale, Matthew Mclean, Nicholas Munn, Jonathon Packer, Elizabeth Radice, Kimberly Sellers, Douglas Will, Rebecca Amos, Eleni Androutsis, Shelley Brammall, Matthew Bruhn and Stephen Clarson



Nigel Baker celebrates 35 years of service

Launch at Brighton Dunes

The next phase of Brighton Dunes luxury retirement living was officially opened on 7 September, celebrating the fabulous community Minda has built right on the beachfront at Brighton.

The opening was attended by 125 people, with the cutting of the ribbon by Member for Gibson Corey Wingard MP and Sarah Constructions' Chief Executive Officer Adrian Esplin, along with President of the Board Susan Neuhaus, Project Director Michelle Gheorghiu, and City of Holdfast Bay Mayor Amanda Wilson.

More than retirement living, Brighton Dunes is about a lifestyle; setting a new standard in luxurious, independent living in an unrivalled location, Adrian and his team at Sarah Constructions have not only executed Minda's vision from a build perspective, they have shown a philanthropic spirit.

Brighton Dunes supports people with disability at Minda to live the lives of their choosing, and it is with this ethos that Sarah Constructions has worked – even finding ongoing employment for people with disability beyond the Brighton Dunes worksite.

Adrian says Sarah Constructions is thrilled to have partnered with Minda on Brighton Dunes, with the organisations sharing values of quality, people first, collaboration and partnership.

"Our staff working at Brighton Dunes felt they have been part of something bigger than themselves."

He says more than 70 per cent of the materials used came from local suppliers and the project recorded zero lost time injuries.

"Great results happen when you have many people working to a common goal," he says.

Chair of the Brighton Dunes Residents' Committee Bill Rowett says, "Brighton Dunes is one of the best in the state and we hope it supports Minda in providing an income stream for people with disability."



Minister Corey Wingard and Sarah Constructions CEO Adrian Esplin



Brighton Dunes – the construction team

Minda ASSIST Therapy

On Thursday 20 September, we were pleased to welcome ASSIST Therapy staff to Minda, with many staff members choosing to take up contracts with Minda.

"In order to achieve a successful transition, with the transition date being 1 December, there was a significant effort put in behind the scenes," Acting CEO Darren Button says.

"I want to thank teams from Minda, ASSIST and the Department of Human Services (DHS) who worked diligently towards the transition."

Some of the activities leading up to the transition included a tour of Minda's Brighton HQ and afternoon tea at Inclusive Café,

group information sessions at Minda and ASSIST sites and the implementation of an interim structure, ensuring adequate support across the team.

"We were very pleased by the number of ASSIST staff who chose to transition to Minda and is a strong vote of support for Minda as the new provider of ASSIST's services and really testament to the great work of our allied health team," Darren Button says.

"We want to make sure we work together to achieve the best outcomes for customers and Minda ASSIST Therapy as a whole, and I've been so pleased with the fantastic effort people have been putting in across the board."

Salary Solutions

Since the launch of Minda's annual employee reward and recognition events, Salary Solutions has been our major sponsor.

The leading national salary packaging provider has also been offering benefits and services to Minda employees for more than 10 years, with over 1,000 employees making the most of salary packaging.

"Salary packaging means more money to spend on the things that matter, by allowing you to increase your disposable income by reducing the tax you pay," Client Relationship Manager Colleen Stallion says.

"It works by allocating a portion of your pre-tax income to the payment of certain expenses."

Items available via salary packaging are everyday purchases (including rent or mortgage payments, credit card and personal loan payments, household utilities and car expenses) entertainment benefits (such as meals out, taxi fares, holiday accommodation and car hire, reception venue hire and external catering for private events) and new or used cars, known as a novated lease.

"Salary packaging a car is one of the most cost-effective ways to buy and run a car," Colleen says.

"With novated leasing, like any other salary packaging arrangements, you'll receive great tax savings on the finance and running costs."



Salary Solutions - Colleen with Gino, Stars of Minda major award winner

Salary packaging can help deliver additional benefits to employees in a variety of industries and Salary Solutions' goal is to make salary packaging easy.

Colleen says, "The expert support we provide ensures our clients and their employees can take full advantage of benefits available to them, delivering an efficient and effective employee benefits program that maximises savings available to employees."

"Providing great value service is so important to us and we can support a wide range of salary packaging needs."

To find out more about Salary Solutions, call **1800 680 180**, email customerservice@salarysolutions.com.au or visit their website www.salarysolutions.com.au

Sarah Constructions

An integral part of the South Australian building and construction industry for over 50 years, Sarah Constructions has delivered Stage 2 of Minda's Master Plan.

The organisation works with the ethos of putting people first; their priority is always their client and customers' needs.

Not only has Sarah Constructions help turn Minda's Master Plan into reality, but they have also provided people with disability with the chance to engage in meaningful work and develop skills in the construction industry in roles including gatekeepers, administrators and general labourers.

Sarah Constructions is 100 per cent South Australian owned and is passionate about supporting growth opportunities for our state.

Employing more than 300 South Australians, Sarah Constructions has diversity and depth to manage large and complex builds, while remaining nimble enough to react to the demands of fast track and alterations projects.



The team from Sarah Constructions: Joint Managing Directors Tim and James Sarah, Senior Project Manager Ben Layley, CEO Adrian Esplin and Marketing & Office Manager Belinda Wood with Minda's Executive Infrastructure Director Michelle Gheorghiu (pictured third from left)

News from Minlaton

Minda has been offering accommodation and support services at Minlaton on the lower Yorke Peninsula for more than five years, and in this time Nick and Emily have been giving back to their community.

Nick, who works at Foodland at Wallaroo two days a week, has recently been commentating for the Bowls SA Super League. Nick commentated two matches and says he "absolutely loved it".

"I got into commentating because one of my friends got picked up in the draft for the Super League. They were asking for people to volunteer to commentate and he thought I should give it a go," Nick says.

"During the first match I commentated on, I was extremely nervous, but afterwards I just wondered what I had been worried about!"

Nick says he got lots of great feedback from people in the community about his commentating gig.

"I'd be at work at Foodland and people

would stop me, asking if it was me and saying, 'you did a good job'. There were so many people I don't know who took the time to say, 'well done', and that made me feel really good," he says.

Emily was one of the very first people to move into the accommodation at Minlaton back in 2013.

Support Leader (SILS) at Minlaton, Leah Hoyle, says Emily also gives back a great deal to the local community, volunteering with Share and Care two days a week and at the Minlaton and Districts School.

"Emily has tirelessly volunteered at the school canteen since she left school at 18. This is her 18th year of volunteering!" Leah says.

"The reason Emily likes to volunteer at the canteen is to meet new people, watch the students grow up, and make food. Her volunteering has taught her fantastic food preparation skills and supporting her reflects this – she really knows her way around the kitchen!"



Emily is a great volunteer in the local community and a proud auntie



Nick has been commentating the Bowls SA Super League

MyPATH Coin Collection

You may have seen Minda's coin collection units in businesses around South Australia, with dedicated volunteers collecting the units and banking the money raised to go towards supporting people with disability.

The Minda MyPATH Workskills Group is among this wonderful band of coin collection volunteers. As a group, they volunteer every second Friday, travelling around the metropolitan area, having a lot of fun along the way!

The group enjoys getting out and about to chat with local businesses, and learning about money and banking; as well as being a valuable way to gain a range of skills and experience, the group also enjoys interacting with the community.

We are so grateful to the many South Australian businesses who house our coin collection units, with over \$43,000 raised last financial year.

We'd also like to acknowledge our generous corporate supporter Foodland who helped us raise more than \$26,200 through the coin collection program last financial year.



Ola, Anthony, Kythron, Reece, Josh, Georgia and Abdul set to go on a coin collection outing

Governor's Reception

Governor of South Australia, His Excellency the Honourable Hieu Van Le AC, and Mrs Le, hosted a reception for Minda's long standing volunteers and supporters at Government House on 22 October.

About 70 people attended the reception which recognised the invitees' commitment and dedication to supporting Minda and people with disability.

Among those attending were volunteers who have given outstanding service to Minda, corporate partners, some of Minda's significant benefactors, Honorary Life Members and Board members.

President of the Board of Minda, Susan Neuhaus, spoke at the event, thanking His Excellency and Mrs Le for their warm welcome and the opportunity to view the public rooms of Government House.

Susan acknowledged those present were united by the spirit of giving and a readiness to support people with disability to live extraordinary lives.

"The way you give to our organisation varies – for some of you it's via a monthly donation or corporate sponsorship, for others it's time spent entertaining at our monthly Coffee Club, at MyPATH or working in the Op Shop," she says.

"No matter how you contribute to Minda ... what you do has a profound impact on people with disability and the ripple effect it creates through communities cannot be underestimated. You are champions for our cause, truly our finest advocates, and we are so grateful for everything you do."



Board President Susan Neuhaus with Andrew Jonats and Dave Stock



Enid Johns, Bev Trethewie, Rosemary Saunders, Governor Hieu Van Le and Mrs Le



Ian Steele and Marion Zafry



Sue Laslett, Anne Jennings, Lauren Halliday, Marcus Gehrig and Mrs Le



Chris Soteriou and Paul Sibley

Volunteer profile – Dave

One of our fantastic volunteers Dave is dedicating his time to driving Billy and Willy home from work two days a week. Billy and Willy, who live at Minda Brighton, work in packaging at Commercial Enterprises at Reynella.

They do a half day at work, and Dave picks them up from Reynella and brings them home for lunch. Dave says he enjoys driving and wanted to give something back in his retirement.

"When I first started, I didn't know what to expect ... and the guys said to me, 'make sure you take us down the highway, because



Dave drops Willy back home

we're hungry and you're late!" he says.

"We have a bit of a laugh now and then, and they must think I'm alright because they're always asking me if I'm doing it next week."

Thank you, Dave, we're lucky to have volunteers like you at Minda!



Gift Wrapping

This Christmas, Minda will again offer a gift wrapping service in Adelaide Arcade, for a gold coin donation per gift.

The gift wrapping service is running until Monday 24 December, in the Adelaide Arcade promenade (between Grenfell St and Rundle Mall). Hope to see you there!

Students at Inclusive Café

In fantastic news, after five students from Brighton Secondary School completed four weeks' work experience at Inclusive Café, their tenure was extended until the end of the year!

Ryan, Elias, Abdulhay, Connor and Kaiser have learned many new skills during their stints of two hours a day, one day a week for the four weeks.

At INC they've had a chance to gain real insight into what it's like working in hospitality, with a view to securing traineeships for students who are keen to develop their career in hospitality.

Make sure you say hello next time you drop into INC!



Duncan's New Aquarium

Thanks to the generosity of a long-term donor and family member, Duncan the turtle has a new aquarium.

Six-month-old Duncan, who lives in the Lifestyle Precinct at Brighton, outgrew his previous aquarium very quickly. His new home allows him to swim around with plenty of space, and he even looks like he's swimming with a smile on his face too!

Duncan is adored by MyPATH participants like Barb (pictured below), who is part of the Pets, Animals and Creatures group.



Self-Advocacy Quiz Night

The annual Self-Advocacy Quiz Night was a resounding success, raising more than \$4,200 for Self-Advocates to attend the Having a Say Conference in Geelong 2019.

Held on Friday 26 October at the Somerton Park Bowling Club, the night was attended by family, friends and staff from Minda, with support from the local community who generously donated and supported the night.

The night was well-attended with a range of fun activities such as lucky squares, a spinning wheel, a silent auction, lucky dip, guess the jelly beans, wine wall and of course, the quiz!

Hosted by the two Dale G's – Dale Giumelli and Dale Govett – there was a great turnout from self-advocates who helped selling raffle tickets, with Jessica Miller speaking about her experience at the Having a Say Conference in 2018.



Alicia and Deanna from the allied health team with quizmaster Dale on the night



Natalie and Jessica enjoying the night

Thailand Visit and Signing

Minda's relationship with Thailand has been further strengthened, with a Memorandum of Meeting signed between Minda and the Autistic Thai Foundation last month.

Autistic Thai Foundation President Chusak Janthayanond and Acting Chief Executive Darren Button signed a Memorandum of Meeting to explore a Learning and Development Program between the two organisations.

Following the signing, delegates from the Autistic Thai Foundation enjoyed lunch at Inclusive Café and a tour of Minda's facilities.



The delegation after the MoM signing at INC Café

Artist Selected for RAP

Emerging Aboriginal artist Lorelle Hunter has been chosen to design and submit artwork for Minda's Reconciliation Action Plan.

Lorelle recently visited Minda to meet with the RAP Working Group's Beck Raines and Karyn McCue for preliminary discussions.

Lorelle designed the new pavement artwork in Rundle Mall called 'Mother's Strength' which was unveiled during NAIDOC Week this year.

She says her art is about sharing stories: "For me, it's about connection to culture, connection to stories, and where our family's from."



Beck Raines, Lorelle Hunter and Karyn McCue

Julie's Art Prize

Blend Creative graphic designer and keen artist Julie Cutts entered the Royal Adelaide Art Prize at this year's Royal Adelaide Show.

Julie was delighted to be congratulated on the sale of her artwork by show officials, with her artwork being sold with five days of the Show still to run – well done Julie!



Julie Cutts at Blend Creative

City-Bay Fun!

Thirty-nine people had a fantastic time participating in this year's City-Bay as part of Team Minda on Sunday September 16, joining in the 12km, 6km and 3km events.

After crossing the finish line at Colley Terrace, Glenelg, and receiving their finisher's medals, everyone gathered at the Minda marquee in Wigley Reserve for some refreshments and time together in the sunshine.

Although everyone did a fantastic job, we have to give a special shout-out to Philip Gommers who ran the 12kms, setting a cracking pace – what a super effort!

Many people who participated, like City-Bay first-timer Jamie Stanley, who did the 12km walk, are already looking forward to entering next year's event.

Thank you to Darren Chapple, who was our bus driver for the day and to everyone who contributed to coordinating everything before the event and for making sure everything ran smoothly on the day.

As well as putting in a fantastic team effort on the day, Minda was present at the City-Bay Fitness and Leisure Expo in Victoria Square on the Friday and Saturday September 14 and 15.

Thanks to our wonderful corporate supporter Foodland, we had a terrific opportunity at the expo to collect donations from the public in exchange for a Foodland headband.

Foodland ran a competition on social media which encouraged people to donate to Minda while at the expo, and to wear their headbands during the race – with one lucky person winning a \$100 Foodland voucher.



Having a great time along Anzac Highway are Emily, Stephanie, Jamie, Youssef and Warwick



Lisa and Lucy completed the 6km walk



Linda and Daniel completed the 3km walk



Thumbs up all round!

Zach's Story

When Zach was born, his mum knew something was wrong; he kept one of his eyes closed and it didn't look the same as his other eye.

"It didn't look real. We were allocated an emergency appointment with an ophthalmologist who gave me the news that my little boy had Microphthalmia," Lee-Anne says.

"Microphthalmia? I didn't know what that was. The doctor said in layman's terms it means 'small eye'. And Zach has the rare kind. His eye doesn't grow. He said, Zach is blind and you're going to have to get some help."

In a state of shock, Lee-Anne wondered what his future would look like, not knowing the best next steps to take. As Zach grew, he faced further challenges; he has poor muscle tone, particularly in his hands, so he struggles with writing.

"He started walking at seventeen months, but tripped a lot. As you might imagine, with just one functional eye, he struggles with depth perception, which means he can't tell how far away objects are, or figure out where steps start and end," Lee-Anne says.

Lee-Anne says that Zach has been bullied throughout his life, something that would be tough for any young person,

particularly one with severe anxiety.

"It lead to a time when he didn't want to participate in anything and didn't feel comfortable leaving the house. It was devastating to see him that way," Lee-Anne says.

As Zach's mum, I know how important it is to have support services. If you don't feel like a valued member of the community and you think the outside world doesn't want to see you, it is easy to fall into a state of depression."

Zach is now getting support from a range of health professionals at Minda and is learning how to manage his anxiety in different situations, including calming techniques and tracking his emotions. He's also strengthening his muscles, with a focus on his hands and learning what to do when he gets tired.

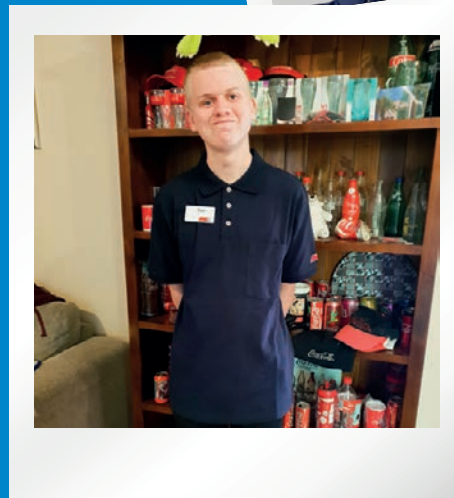
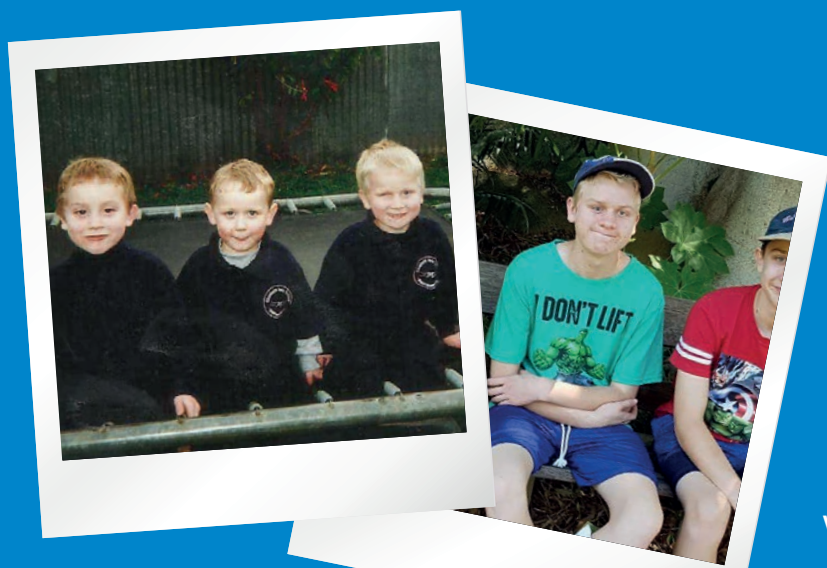
With support now close to home, Zach is now receiving the help he needs and has so much more confidence: "His life has turned around. In such a short space of time, he has gone from a recluse to now having a job, more independence and decent grades at school," Lee-Anne says.

"He now has the confidence to catch public transport by himself, to go out with a friend for the day – he

never had that before.

"As Zach's mum, I've seen some amazing and positive changes in Zach. It is truly inspiring. For such a young person, he has had tough times adjusting himself to fit the world. But just recently, he said to me, *I'm having a good year, Mum*. He's loving life right now!

"Like any parent, it makes me tear up thinking about what he's been able to achieve with a bit of support. It has made an incredible difference to his life now and into his future."



THANK YOU



Minda thanks the many generous individuals and businesses who support people with disability.

Corporate Partners



Patron

His Excellency the Honourable Hieu Van Le AO, Governor of South Australia

Ambassadors

Phil Hoffmann, AM
Katrina Webb, OAM
Ali Clarke

Sponsors and supporters

Accolade Wines
Adelaide Arcade
ALH Group
A Place for Me
Artistic License
Australian Executor Trustees

Australian National Couriers
BDO
Boileau Business Solutions
Bowden Print Group
Bunnings Group
Calèche Bridal
Cheesman Architects
CMV Foundation
Coca-Cola Australia Foundation
Colourblind Films
Coopers Brewery
Deb Smith Photography
Datacom Systems SA
Deloitte
DMAW Lawyers

Eamonn Vereker Glass
Ecolab
Evans and Ayers
Chartered Accountants
Evans Clarke National
F H Trevelion
Funeral Directors
Fassina SA Family
Liquor Stores
Glenelg Golf Club
Ladies Committee
Grants SA
GrowthOps
Health Metrics
HESTA
Holco

Jacqui Ion Lawyers
JBWere
John Lewis Food Service
Katalyst Interactive
Kiwanis Club of Glenelg Inc
LaDonna Hygiene
Leverage PR
Macquarie
Murray Pest Control
Peter Shearer
Phil McMahon Real Estate
Photography Room
Presence
Public Trustee
Rider Levett Bucknall

RNW Fire Services
Robern Menz
Rotary Club of Somerton Park
Royal Adelaide Show
Sangamitha Foundation
Soji Pty Ltd
Suez
Sullivan Consulting
System Solutions
Engineering Pty Ltd
TAF & Associates
Table & Chair Co
Telstra
Tony Colyer Pty Ltd
Variety - The Children's Charity



For disability support,
please contact
1800 164 632
mindainc.com.au
facebook.com/mindainc

Brighton
King George Ave
PO Box 5
Brighton SA 5048

Elizabeth
Shop 3
53-57 Elizabeth Way
Elizabeth SA 5112

Modbury
928 North East Road
Modbury SA 5092

Mount Gambier
Commerce Arcade, Shop 3
28 Commercial Street West
Mount Gambier SA